

Clinical Services Description – Adapted from Priorities Among Effective Clinical Preventative Services by M. V. Maciosek *et al.*

Services	Description
Aspirin chemoprophylaxis	Discuss the benefits/harms of daily aspirin use for the prevention of cardiovascular events with men >40, women >50, and others at increased risk.
Childhood immunization series	Immunize children: diphtheria, tetanus, pertussis, measles, mumps, rubella, inactivated polio virus, Haemophilus influenzae type b, hepatitis B, varicella, pneumococcal conjugate, influenza.
Tobacco-use screening and brief intervention	Screen adults for tobacco use, provide brief counseling, and offer pharmacotherapy.
Colorectal cancer screening	Screen adults aged >50 years routinely with FOBT, sigmoidoscopy, or colonoscopy.
Hypertension screening	Measure blood pressure routinely in all adults and treat with antihypertensive medication to prevent incidence of cardiovascular disease.
Influenza immunization	Immunize adults aged >50 against influenza annually.
Pneumococcal immunization	Immunize adults aged >65 against pneumococcal disease with one dose for most in this population.
Problem drinking screening and brief counseling	Screen adults routinely to identify those whose alcohol use places them at increased risk and provide brief counseling with follow-up.
Vision screening—adults	Screen adults aged >65 routinely for diminished visual acuity with Snellen visual acuity chart.
Cervical cancer screening	Screen women who have been sexually active and have a cervix within 3 years of onset of sexual activity or age 21 routinely with cervical cytology (Pap smears).
Cholesterol screening	Screen routinely for lipid disorders among men aged >35 and women aged >45 and treat with lipid-lowering drugs to prevent the incidence of cardiovascular disease
Breast cancer screening	Screen women aged >50 routinely with mammography alone or with clinical breast examination, and discuss screening with women aged 40 to 49 to choose an age to initiate screening.
Chlamydia screening	Screen sexually active women aged <25 routinely.
Calcium chemoprophylaxis	Counsel adolescent and adult women to use calcium supplements

	to prevent fractures.
Vision screening—children	Screen children aged <5 years routinely to detect amblyopia, strabismus, and defects in visual acuity.
Folic acid chemoprophylaxis	Counsel women of childbearing age routinely on use of folic acid supplements to prevent birth defects.
Obesity screening	Screen all adult patients routinely for obesity and offer obese patients high- intensity counseling about diet, exercise, or both together with behavioral interventions for at least 1 year.
Depression screening	Screen adults for depression in clinical practices that have systems in place to assure accurate diagnosis, treatment, and follow-up.
Hearing screening	Screen for hearing impairment in adults aged >65 and make referrals to specialists.
Injury prevention counseling	Assess safety practices of parents of children aged <5 years and provide counseling on child safety seats, window/stair guards, pool fence, poison control, hot water temperature, and bicycle helmets.
Osteoporosis screening	Screen women aged >65 and women aged >60 at increased risk routinely for osteoporosis and discuss benefits and harms of treatment options.
Cholesterol screening—high risk	Screen men aged 20 to 35 and women aged 20 to 45 routinely for lipid disorders if they have other risk factors for coronary heart disease, and treat with lipid-lowering drugs to prevent incidence of cardiovascular disease.
Diabetes screening	Screen for diabetes in adults with high cholesterol or hypertension, and treat with a goal of lowering levels below conventional target values.
Diet counseling	Offer intensive behavioral dietary counseling to adult patients with hyperlipidemia and other known risk factors for cardiovascular and diet- related chronic disease.
Tetanus-diphtheria booster	Immunize adults every 10 years.